

Cascade County Mental Health Local Advisory Council



Agenda
Monday March 2, 2020
Largent Center - McFadden Room
915 1st Ave. South
3:00 pm -5:00 pm



Members Present Amee Ellsworth, Linda Daggett, Robert Moccasin, Greg Tilton, Shawn Matsko, Ginny Carnes, Jane Wilson, Jane Weber

Guests Present Lacey Hallett, Anna Attaway, Steve Lynch, Susie McIntyre

Call to Order The meeting was called to order by Amee Ellsworth, Chair, at 3:03 PM. Welcome and introductions were made.

County Health Improvement Plan Presentation Lacey Hallett from United Way and & Anna Attaway from the City County Health Department.

- A County Health Improvement Plan is correlated to the Community Needs Assessment. These are required in order for health entities to receive federal funding. Other community health entities have joined with their plans as well, so all are represented.
- A symposium of community health entities used the plan to form groups working on the various priorities. These are 15-20 year plans and priorities.
- The priorities for Cascade County are: Timely access to affordable Health Care, Substance abuse, Obesity, and Child abuse and neglect.
- *Healthy Lives Vibrant Futures* is a re-branding of the CHIP (Community Health Improvement Plan), Lacey and Anna are part of a group effort to better address some of the root causes of unhealthy living using the Plan and including all the community health entities and disciplines.
- Access to healthcare is priority one and the Goals and Objectives are:
 - Goal 1: Improve access to medical and urgent care services for Cascade County residents.
Objectives: Sustain persons with health insurance, Increase report of having a primary care provider, Promote clinical preventative services, Enroll 3 major health partners in *Connect* referral system.
 - Goal 2: Improve access to dental services for Cascade County residents.
Objectives: Improve access to oral health care for vulnerable populations, Research and/or develop data source for dental care access, Enroll 2 dental partners in the *Connect* referral system.
 - Goal 3: Improve access to behavioral health care for Cascade County residents.
Objectives: Complete and publish Mental Health Professional resource list- a data base that is electronic, reliable, up-to-date, Establish baseline data for newly developed behavioral health screen tool usage in 2021, then set target usage percentages for 2022-23, Gain understanding and foster relationships with substance abuse treatment providers in Cascade County, Improve appropriate crisis care referrals to the ER, Enroll 2 major behavioral health partners in the *Connect* referral system by 2021 and assist in developing *Connect* sustainability.

Minutes of February 2020 Meeting: The minutes were approved as printed and presented.

Review updated Strategic Plan

Strategic Plan Committee Reports

Goal #1 Convene and Collaborate

Resource Guide:

- Jennifer and Ginny met and discussed how to distribute the Guides through both print and media. Suggestions coming from the group were: schools, senior day at the grocery stores, Libraries, list serves from members.
- Amee will reformat the Guide and send to the members.
- Jane Wilson reported that the State will fund the printing of the Guide.

Review County and State Health Improvement Plans:

- Jane Wilson did email the behavioral health portion of the State Health Improvement Plans (SHIP) and County Health Improvement Plan (CHIP) to the members, but will re-send more current copies.
- Jane also summarized the parts of the plan that intersect with behavioral health and will get that to members.
- She invited Lacey Hallett to address our group.

Events/Speakers Bureau: Greg and Jane Wilson met February 11th and identified community places that might have events/opportunities to participate in.

- An area of interest/need is suicide in the rural farm and ranch areas and the Farmers Union and MSU Extension Service are interested in collaborating with us.
- Jennifer reported that the Center for Mental Health is actively marketing to the rural areas.
- Jane Wilson and Greg will meet again with the goal of preparing some media outreach.
- Libraries in Great Falls and Cascade, Belt might be interested in behavioral health presentations/information.
- It was suggested we have the Extension Service do a presentation to the LAC.

Goal #2 Communication and Marketing

Media Marketing Plan: Amee requested suggestions for possible marketing companies and some were given. She is having trouble contacting interested businesses willing to call back.

Rural Outreach: Greg and Jane addressed this under the Events.

Goal#3 Evaluation

Develop a pre and post evaluation of Goal#2 Amee reported this has not been started yet, but will be addressed as we progress further in our goals.

Representative Reports

Crisis Services: Crisis Steering Committee, CIT

- Jennifer provided a written/grant report showing that the Crisis Response Team is showing a 91% decrease in ER visits and a 61% jail diversion rate.
- The Center is continuing to work with law enforcement to provide behavioral health services.

Suicide Prevention Committee Greg and reported they are continuing to roll out the workplan. They are forming workgroups for each of the 5 goals they have outlined.

CSAA report Jane Wilson reported she attended the Central Service Area Authority meeting.

- They worked on legislative priorities and all advocacy groups are starting to put together legislative priorities for behavioral health.

- Priorities for NAMI are: 1) Support funding for community mental health services including primary care and co-occurring substance abuse treatment 2) Support funding for crisis services 3) Improve transition services for children aging out of children's mental health treatment system, 4) Oppose solitary confinement in both treatment and correction institutions and supporting short-term protective custody, 5) Require transition services from public health and correction institutions into communities, 6) Conduct interim study of Montana Legislature to analyze the existing rate structure for caring for serious mental illness, analyze gaps and make recommendations to address issues, 7) Support suicide prevention programs in Montana schools.
- They discussed a "Handle With Care" program for schools. Law enforcement would notify the schools that a family incident happened and to handle the child with care without divulging details.
- Also discussed need for "soft" transportation to State Mental Hospital, not treating as criminal.
- Another priority discussed was to expand Peer Support services, resource guides.
- Mini-grant funding is available for mental health films. *Ginny made a motion to apply for a mini-grant to fund the public performance rights for 3 possible mental health films. Shawn seconded the motion and the motion passed.* It was suggested we show the films (i.e. Paper Tiger) at the Library during May, Mental Health Month. Susie McIntyre added that she will help procure the film rights.
- Central Service Area Congress will convene June 27th in Helena and she urged attendance.

Community Reports/Announcements from Board Members:

Behavioral Health Advisory Council- Ginny reported she attended. The group meets quarterly. Many counties want 5 service areas instead of the existing 3. They are advocating home support services and using Cognitive Therapy Recovery (CTR). The Board approved Ginny as a member.

Center for Mental Health- Jennifer reported that Julie Prigmore will attend the LAC meeting next month because Jennifer is attending to National Council for Behavioral Health.

- Their Advanced Practice Registered Nurse is accepting children now.
- They have added a Peer Supporter to the staff.

County Commission- Jane Weber requested a list of those who have not been attending and will report to the County Commission that we may want to follow up with those whose attendance is not consistent.

Public Comment

Adjourn The meeting was adjourned by Amee Ellsworth, Chair at 5:02 PM. Next meeting April 6, 2020

Respectfully submitted,

Amee Ellsworth, Chair

Date_____